

## Fitness area

### Casual visits

|                                      |              |
|--------------------------------------|--------------|
| Single visit (16h-23h, Mon-Fri)      | 12 lv.       |
| Single visit (07h-14h, Mon-Fri)      | 10 lv.       |
| <b>HAPPY HOUR (14h-16h, Mon-Fri)</b> | <b>7 lv.</b> |

### Personal Workouts

|  |        |
|--|--------|
| Personal Trainer Session   | 15 лв. |
| Personal Trainer Session + gym entry                                   | 22 лв. |
| Personal Fitness Program + 2 Personal Trainer Sessions                 | 40 лв. |
| Personal Fitness Program + 4 Personal Trainer Sessions + Body analysis | 58 лв. |

### Memberships

Interval of the day ►

07-23

07-16

Couples

|   |         |         |          |
|---|---------|---------|----------|
| Unlimited Access 1 month                        | 120 lv. | 99 lv.  | 205 lv.  |
| Unlimited Access 3 months                       | 325 lv. | 289 lv. | 545 lv.  |
| Unlimited Access 6 months                       | 580 lv. | 535 lv. | 960 lv.  |
| Unlimited Access 12 months                      | 980 lv. | 925 lv. | 1560 lv. |
| 8 entries *                                     |         | 68 lv.  |          |
| 16 entries **                                   | 150 lv. |         |          |
| Personal Trainer 6 sessions *                   | 80 lv.  |         |          |
| Personal Trainer 16 sessions **                 | 192 lv. |         |          |
| Gym membership + personal trainer 16 entries ** | 300 lv. |         |          |

\* Valid 1 month; \*\* Valid 2 months

## Beauty Pricelist

### Sun bed Ergoline

|                    |        |
|--------------------|--------|
| 1 coin / 4 mins    | 5 lv.  |
| 10 coins / 40 mins | 45 lv. |
| 20 coins / 80 mins | 75 lv. |

### Sauna/Steam Room

|           |        |
|-----------|--------|
| 1 visit   | 10 lv. |
| 10 visits | 85 lv. |

# Aerobics

## Casual visits

|   |        |
|---|--------|
| Group Cycling, Kangoo Jumps, HIIT (Cross Fit), Tabata Trek, Fat burning | 12 lv. |
| All other classes   | 9 lv.  |

## Memberships

Number of visits ▶

8

12

16

|   |        |         |         |
|---|--------|---------|---------|
| Group cycling, Kangoo Jumps, HIIT, Tabata Trek* | 80 lv. | 114 lv. | 144 lv. |
| All other classes                               | 64 lv. | 90 lv.  | 112 lv. |

Please note: Memberships for 8 visits are valid for 1 month; for 12 or 16 visits - 2 months

\*This pass may be used for the four classes.

## Combos

|  |         |
|--|---------|
| 6x Group Cycling, Kangoo Jumps, HIIT, Tabata Trek + 6x all aerobic classes | 108 lv. |
| 8 gym passes + 8x visits all aerobic classes                               | 133 lv. |
| 8 gym passes + 8x Group cycling, Kangoo Jumps, Arke, HIIT, Tabata Trek     | 148 lv. |

Combos-valid 2 moths.

## HYPOXY Packages



|   |           |
|---|-----------|
| 12 Sessions Pass (Combination)            | 890 lv.   |
| 12 Sessions Pass (S120, L250 or Vacanaut) | 720 lv.   |
| 12 Sessions Pass (Dermatology)            | 500 lv.   |
| 24 Sessions Pass (S120, L250 or Vacanaut) | 1 400 lv. |
| 24 Sessions Pass (Combination)            | 1 600 lv. |
| 24 Sessions Pass (Dermatology)            | 920 lv.   |
| HYPOXI 5-day INTENSIVE program            | 800 lv.   |
| Special program for legs                  | 600 lv.   |
| Hypoxi Session (support program)          | 200 lv.   |
| Hypoxi Dermatology (support program)      | 160 lv.   |
| Hypoxi Combination (support program)      | 360 lv.   |

## Parking

|  |        |
|--|--------|
| Parking chip   | 5 lv.  |
| Parking chip refill for 10 visits (valid for 3 months) | 15 lv. |
| Parking chip refill for 20 visits (valid for 6 months) | 30 lv. |

The management of Atama reserves its right to change pricing and schedule of classes without prior notice to its customers.

## ATAMA WELLNESS CLUB

Working hours: Monday – Friday: 07:00 – 23:00; Saturday, Sunday: 08:00 – 22:00

1 M. Eminesku blvd., Sofia | tel.: 02 / 962 09 99 | mobile.: 0885 731 668

[www.club.atama.bg](http://www.club.atama.bg)