

## Fitness area

### Casual visits

Single visit (16h-23h, Mon-Fri)	12 lv.
Single visit (07h-14h, Mon-Fri)	10 lv.
<b>HAPPY HOUR (14h-16h, Mon-Fri)</b>	<b>7 lv.</b>

### Personal Workouts

Personal Trainer Session	15 лв.
Personal Trainer Session + gym entry	22 лв.
Personal Fitness Program + 2 Personal Trainer Sessions	40 лв.
Personal Fitness Program + 4 Personal Trainer Sessions + Body analysis	58 лв.

### Memberships

Interval of the day ►

07-23

07-16

Couples

Unlimited Access 1 month	120 lv.	99 lv.	205 lv.
Unlimited Access 3 months	325 lv.	289 lv.	545 lv.
Unlimited Access 6 months	580 lv.	535 lv.	960 lv.
Unlimited Access 12 months	980 lv.	925 lv.	1560 lv.
8 entries *		68 lv.	
16 entries **	150 lv.		
Personal Trainer 6 sessions *	80 lv.		
Personal Trainer 16 sessions **	192 lv.		
Gym membership + personal trainer 16 entries **	300 lv.		

\* Valid 1 month; \*\* Valid 2 months

## Beauty Pricelist

### Sun bed Ergoline

1 coin / 4 mins	5 lv.
10 coins / 40 mins	45 lv.
20 coins / 80 mins	75 lv.

### Sauna/Steam Room

1 visit	10 lv.
10 visits	85 lv.

# Aerobics

## Casual visits

Group Cycling, Kangoo Jumps, HIIT (Cross Fit), Tabata Trek, Fat burning	12 lv.
All other classes	9 lv.

## Memberships

Number of visits ▶

8

12

16

Group cycling, Kangoo Jumps, HIIT, Tabata Trek*	80 lv.	114 lv.	144 lv.
All other classes	64 lv.	90 lv.	112 lv.

Please note: Memberships for 8 visits are valid for 1 month; for 12 or 16 visits - 2 months

\*This pass may be used for the four classes.

## Combos

6x Group Cycling, Kangoo Jumps, HIIT, Tabata Trek + 6x all aerobic classes	108 lv.
8 gym passes + 8x visits all aerobic classes	133 lv.
8 gym passes + 8x Group cycling, Kangoo Jumps, Arke, HIIT, Tabata Trek	148 lv.

Combos-valid 2 moths.

## HYPOXY Packages



12 Sessions Pass (Combination)	890 lv.
12 Sessions Pass (S120, L250 or Vacanaut)	720 lv.
12 Sessions Pass (Dermatology)	500 lv.
24 Sessions Pass (S120, L250 or Vacanaut)	1 400 lv.
24 Sessions Pass (Combination)	1 600 lv.
24 Sessions Pass (Dermatology)	920 lv.
HYPOXI 5-day INTENSIVE program	800 lv.
Special program for legs	600 lv.
Hypoxi Session (support program)	200 lv.
Hypoxi Dermatology (support program)	160 lv.
Hypoxi Combination (support program)	360 lv.

## Parking

Parking chip	5 lv.
Parking chip refill for 10 visits (valid for 3 months)	10 lv.
Parking chip refill for 20 visits (valid for 6 months)	20 lv.

The management of Atama reserves its right to change pricing and schedule of classes without prior notice to its customers.

## ATAMA WELLNESS CLUB

Working hours: Monday – Friday: 07:00 – 23:00; Saturday, Sunday: 08:00 – 22:00

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[www.club.atama.bg](http://www.club.atama.bg)